PROBUS CLUB OF CECIL HILLS
NEWSLETTER THURSDAY
2nd APRIL 2026

Presidents Message:

Hello and a very warm welcome to you all.

Easter is upon us again, to all our members I wish you a very safe and happy time with your family and friends.

Those members that attended the British Songbook at the Liverpool Powerhouse Museum had a hoot of a time.

As your President I attended the Governor of NSW the Honourable Margaret Beazley afternoon tea to celebrate Probus Golden Anniversary in Australia. It was a lovely afternoon wandering the house and lawns, speaking with Probus Presidents from all over NSW while the navy had a large ship docked adjacent adding to the splendour of the afternoon.

Our guest speaker this month is John Brodie state President of NSW Justice Association.

Our next meeting is April 2nd at our home base 5 Sandringham Dr Cecil Hills and afterwards at St Johns Park Bowling Club for lunch.

Jeanette Dupond
Foundation President

OUR HOME BASE



Management Committee

Jeanette Dupond
President

Ian Delandro
Vice President

Lynda Delandro
Secretary

Fred De Giorgio
Treasurer

Roman Marjanac
Membership Officer

Denis Price
Newsletter Officer

Cecilia Wilson
Outings & Activities Officer

Jenny Suwala
Welfare Officer

Robyn Graham
Guest Speaker Officer

Fay Muir
Ray Moncay
Sue Farrugia
General Officer

Cecil Hills Probus Club
Was Formed @ The Cecil Hills Community Centre
6th June 2024

Private and Confidential for Probus use only and is not to be used for any other purpose.

From The Editors Desk

As winter approaches it's important to take care of ourselves, I have included a few tips you might find informative:

Surviving winter in NSW for seniors involves keeping warm with layers, sealing draughts, and staying active to prevent illness and falls. Key strategies include maintaining an indoor temperature, getting the flu/RSV vaccine, eating hot, nutritious meals, and staying connected to prevent isolation. Check heating systems, use draught stoppers, and keep hydrated.

Other things you can do to protect yourself and your loved ones

- *Stay at home if you are sick and wear a mask if you need to leave home.*
- *Gather outdoors or in well-ventilated indoor spaces.*
- *Don't visit people who might be at higher risk of severe illness if you have symptoms e.g. those in aged care facilities and hospitals.*

NB: There will be no $5 Meeting Fee @ our April Meeting

$5 Meeting Fee payable @ May meeting

CLUB ACTIVITIES

Walking Group -Saluti's Café Lizard Log on Thursday @8.30am

Except on Wednesday 1st April Due To Monthly Meeting on Thursday 2nd April

Returns to 9.30 from Thursday 9th April (End of Daylight Saving)

APRIL 23rd
Simon Tedeschi &George Washingmachine: Gershwin & More

TIME: *10.30 am for morning tea with show starting at 11.00 am.*
Lunch *at 12.30 pm- Liverpool Powerhouse*

June 11th

Biennale of Sydney (see attached flyer)

JULY 23rd
Christmas In July

Numbers required at our April Meeting (see attached flyer)

Guest Speaker

Mr John Bodie NSW Justice Association

After the meeting
come and join us for lunch
@ ST. Johns Park Bowling Club

PROBUS CLUB OF CECIL HILLS A/C DETAILS

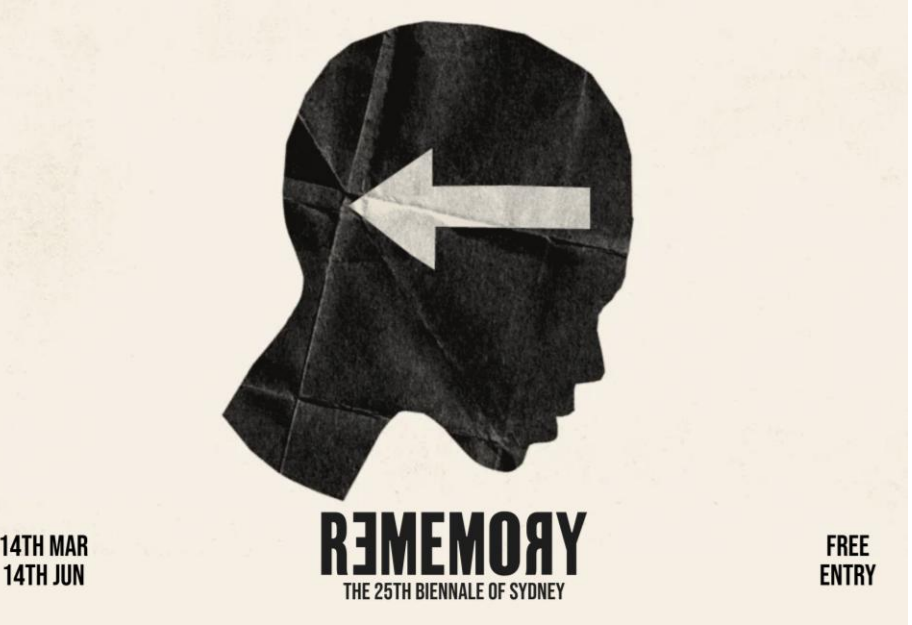
Acc/Name Cecil Hills Probus Club INC BSB: 112879 Acc #: 490400680

Meeting day/time: 1st Thursday of every month at 10:00am
Meeting venue: The Cecil Hills Community Centre
5 Sandringham Dr, Cecil Hills NSW 2171



Next Meeting Dates/Times:
02/04/2026- 10:00am
07/05/2026- 10:00am





BIENNALE OF SYDNEY

11 June 2026

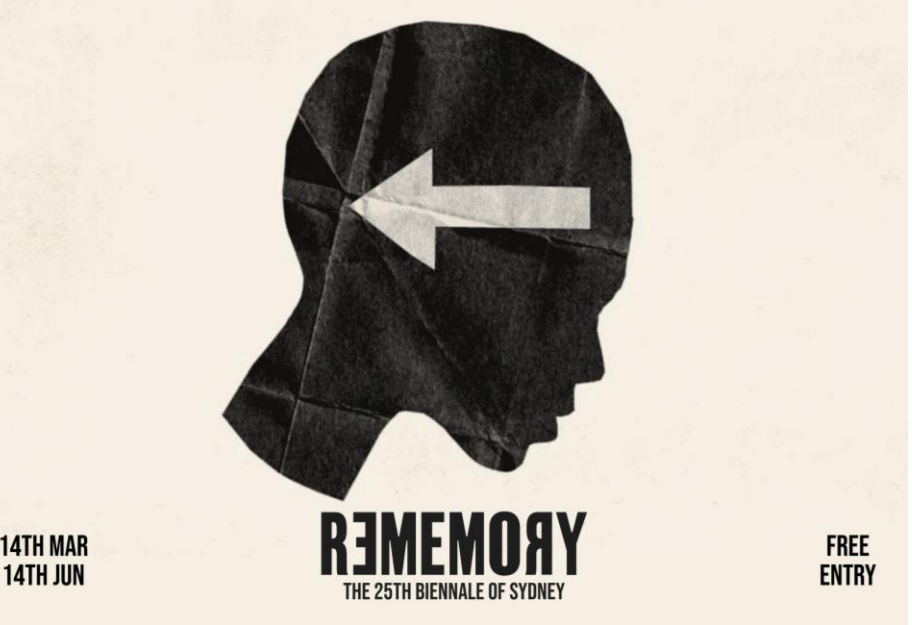
White Bay Powerhouse

Constructed between 1912 - 1917, **White Bay Power Station** is one of Sydney's most significant industrial landmarks. It initially powered Sydney's tram and rail networks, playing a crucial role in the city's growth. The station continued to expand significantly to meet demand for electricity and support various industrial operations. It was de-commissioned in 1984.

The **Biennale of Sydney** is one of the leading international contemporary art events. Since its inception in 1973, the Biennale of Sydney has provided a platform for art and ideas, showcasing the work of 2,400 artists from more than 130 countries. Today it is considered one of the leading international contemporary art events.

Located in Rozelle and overlooking Sydney Harbour, the **Bald Rock Hotel** is the oldest continually licensed venue on the peninsula. The Bald Rock opened in 1876 and if these original sandstone walls could talk, they would tell you of a colourful history filled with stories of underhand business, the smuggling of bootleg liquor through a secret tunnel leading to Sydney Harbour and even horses drinking beer. These days, The Bald Rock enjoys a reputation for being one of the most popular pubs on the Balmain Peninsula.





BIENNALE OF SYDNEY

11 June 2026

White Bay Powerhouse

Get a double hit of history and art at the 25th Biennale of Sydney. As entry is free to the Biennale, take the opportunity to marvel at the innovative, thought-provoking art from Australia and around the globe while wandering through the historic White Bay Powerhouse.

This will be a self-guided tour so that you can enjoy the building and art at your own pace.

And of course, just like any other Cecil Hills Probus jaunt, lunch is involved. Lunch will be at The Bald Rock pub.

WHAT: **Tour of the White Bay Powerhouse and Sydney Biennale**

WHERE: **White Bay Powerhouse, Robert Street, Rozelle**

WHEN: **11th June 2026, meeting at the entry to the exhibition at 11.00am**

LUNCH: **Bald Rock Hotel, 15 Mansfield Street, Rozelle**

COST: **White Bay Powerhouse + Biennale (general) – Free Lunch – 12.45 pm and at own cost**

RSVP: **By/at the May Probus Meeting, 7 May 2026 (Show of hands at the April meeting)**

NOTE: There is no parking at the White Bay Powerhouse. Transport for NSW is providing a Special Event Bus service during Biennale opening hours. This dedicated 443 special event bus service will be direct from Stand B at the QVB on York Street to the forecourt of White Bay Power Station. These run approx. 10 – 15 minutes weekdays starting at 10.30am. The Bald Rock Hotel is 500 metres away.

Christmas in July

at the Palais Royale, Katoomba

23rd July 2026



An adventure to meet Santa on a cold and frosty day awaits. Cecil Hills Probus Club is heading off to the mountains to cheer in Yulefest and hopefully meet the jolly old fellow in red with his bag of goodies.



This outing has been planned to provide a number of options so that people can tailor their participation and fun to fit in with their hectic diaries!

You can choose just to come for lunch or you may wish to stay in Katoomba for a day or two, it's up to you.

Here are the details we have to date:

- The lunch cost is $79 and includes a four-course meal and a welcome drink upon arrival. (The menu will be finalised by the end of the month.)

- Travel is at your own expense. You may wish to catch the train to Katoomba, drive or car pool. (Lifts will be arranged at a later date.)

- Mid week accommodation costs are as follows;
    - Single/Double Occupancy with a light continental breakfast is $240 per room per night,
    - Twin Occupancy with a light continental breakfast is $290 per room per night.

- So that we don't miss out, numbers are required at the April meeting on 2nd April. This means how many will be there for lunch and how many rooms we need to hold and for how many days.

- The sign on sheet will be at the welcome desk at the meeting venue. Please read it carefully as this one is a little bit complex.