Newsletter No. 462 July 2026

Probus Club of St. Marys Inc.

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Meetings normally held each second Monday of the month in the Trinity Lutheran Church Hall Pasadena @ 9.45 a.m.

General Meeting @ 9.45 a.m. Monday 13 July - Visitors and New Members Welcome.
******* Please wear your name badges to all meetings and outings.*******

General Meeting	13 July	10 August
Guest Speaker	**Lauren Ginman - Navigating My Aged Care**	**Torrens to Darlington South Road Project**
5 Minute Speaker	Pat Ellis	Wendy Watson
Greeters ** Greeters to be there @ 9:15	Adrian March Pat Farmer	Pam Davey Charlotte Judd
Morning Tea **Please report to the kitchen @ 9:30 before the meeting	**Wendy Watson** Lyne Willoughby Charlotte Judd Bev Maddocks	**Wendy Watson** Lyne Willoughby Julie Messner Tinie Mulders
Sweeping	Ian Jurgs	Ian Datson

**** If you are unable to do your turn on the roster, please find someone to take your place.****

Birthdays from 13 July to 9 August:

Rose Johnson	13 July
Bev Martin	15 July
Keith Grote	22 July
Jan Triggs	23 July
Chris Ranger	1 August
Lyn Elsworthy	9 August



June Meeting: **Total Membership - 68**
Members 48; Apologies 15: Visitors 2. ****Any apologies should be sent to Heather Norris before 8.30 a.m. on meeting day: heather.norris@bigpond.com or 0448 849 242.**
Door prize proceeds for June meeting was $74.50.

Monthly Lunch: **Wednesday 15 July, 12 noon. Venue: Maid of Auckland**, 926 South Rd, Edwardstown. Cost: $34 for 2 courses or $44 for 3 courses. Please book with Liz Koch on 0439 979 152 or lanitzia992@gmail.com. Please let Liz know if you require a lift to the lunch.

Welfare Report & Good News: Please inform **Margaret Southwell** on **0409 699 614** of any members with health problems. **We are only able to help our fellow Probians if we keep Margaret informed if any of our members are unwell**. If you have **good news** to share with our members, please let **Margaret Southwell** know the details.

Video of Heather Ewart, spokesperson for Probus Australia, 50th Anniversary: Highlighted the organization's 50th anniversary in Australia. Since its inception in Hunters Hill, Sydney, in 1976, Probus has expanded across the nation, and there's a continued need for growth. The 50th anniversary celebrations aim to encourage more individuals to discover Probus' offerings, and share the core values of Probus: **Connection, Community, and Friendship.**



RAA - Mike Chemny: Mike presented an information session and quiz of key road rules and safety. The RAA was founded in 1903, predating driver's licenses, and has advocated for public safety and road rule improvements. Road rules are constantly changing, and common sense alone is not always sufficient. While laws exist, police presence and enforcement can vary. Statistics suggest a significant portion of drivers adhere to rules regardless of enforcement. A small percentage (~3%) of drivers are uninsured, unlicensed, unregistered, and disregard rules, posing a significant risk.

Mike covered key safety principles. Give Way, Not Right of Way - The emphasis is on giving way to ensure safety . Distractions - Mobile phones are a major distraction. Texting while driving can have fatal consequences. Blind Spots and Neck Mobility: The ability to physically turn your head and check blind spots is crucial, as technology cannot fully replace this. Brake Control - Ensure your foot is fully on the brake pedal to prevent unintended acceleration. Emergency Vehicles - Slow down to 25 km/h when passing emergency vehicles on the other side of the road, unless there's a physical median strip. Cyclists - Maintain a safe distance (1 meter at 60 km/h, 1.5 meters above) and check blind spots before overtaking. School Zones: Speed limits in school zones apply on school days between specific hours (8:00-9:30 AM and 2:00-4:00 PM), regardless of whether children are visible or in uniform. When in doubt, slow down. Opening Car Doors - Always check for oncoming traffic before opening your car door. It is an offense to cause an accident by opening a door into traffic. Unrestrained Objects - such as shopping and handbags can become dangerous projectiles in an accident. Secure them appropriately. Emergency Situations - In case of an accident, stop and help if anyone is injured. Call Triple Zero (000). If unsure about hazards (e.g., downed power lines), call all emergency services. Exchange details and report accidents to insurance and police within specified timeframes.

Mike covered specific rules that apply to South Australia - roundabouts, stop signs, emergency vehicle passage, speed limits (as these may change if crossing state borders) and alcohol limits (0.049%).

The RAA now offers services beyond roadside assistance i.e. mobility scooters and accredited repair referrals. The RAA is adapting to electric vehicles and new technologies.

Treasurer's Report: General Account Balance as @ 31 May $3,873.62 plus $5,192.54 in term deposit.

Movie Morning 24 June - The Sheep Detectives: A small group attended the Mitcham Cinemas to see the movie The Sheep Detectives. Reinforcing that it is who you know that is important, we secured seats at the members price of $10 a head (included a cup of tea and biscuits), as our President Margaret Mudge is a member of Wallis Cinemas. Off to a good start on the value front. (Ray and Margaret Mudge alongside the display.)



The movie was thoroughly entertaining - one of those movies that you can just sit back, enjoy, have a good laugh and feel good about the world. Something we all need occasionally in these troubled times. The poor sheep had a hard job getting the human beings to follow their clues to solve the mystery of the murder of their Shepherd. It was ingenious how they managed to steer the hapless policeman in the right direction.

There were some classic laugh out loud moments like the butcher who fell asleep whilst counting how many sheep were in the paddock. As well as the heart rending moments like the poor winter lamb who was initially rejected by the flock, but became a hero.

The movie was followed with a very pleasant lunch at the Torrens Arms, with table service for everything including taking orders. A nice way to spend a Wednesday morning.

The Golden Anniversary (50th) of Probus in Australia:

In 2026, Probus has reached a significant milestone, marking 50 years of helping tens of thousands of older Australians stay engaged and connected. In fact, the very first Probus Club in Australia, being the Probus Club of Hunters Hill (established 3 February 1976) continues to provide the essential connections that seniors need in later life.

Throughout 2026, PSPL will be showcasing the benefits of joining Probus, encouraging older Australians to enjoy more social engagement within their communities.

Heather Norris from the Probus Club of St Marys is on the organising Committee for the 50th Anniversary celebrations and is taking the lead role in organising the Quiz events in July.

South Australian Activities

28 May 2026 – City of Onkaparinga Mayor's Reception.

3 June 2026 – Government House Reception.

29 July 2026 – Consensus Quiz Morning followed by lunch Club Marion.

30 July 2026 – Consensus Quiz Morning followed by Lunch Para Hills Community Club.

1 October 2026 Landmark Lightings – Adelaide Town Hall, Gawler Civic Centre, The Riddoch Arts and Cultural Centre, Town Hall in Unley Council, Visitor Information Centre – Lady Nelson, Tasman Terrace Street Uplights, land-locked ship HMAS Whyalla, and Copper Coast Council will be illuminated to celebrate the 50th Anniversary of Probus.

12 & 13 October 2026 – Eyre Peninsula 50th Anniversary Probus Rally Port Lincoln Yacht Club.

19 October 2026 – Naracoorte Combined Probus Clubs 50th Anniversary Rally Naracoorte Bowling Club.

July to October 2026 Virtual Walk of the Heysen Trail.

Government House Reception Wednesday 3 June 2026:

A delegate from each Probus club was invited to attend a reception at Government House to celebrate the 50th Anniversary of Probus in Australia. The Governor of South Australia, Her Excellency the Honourable Frances Adamson AC and her husband Mr Rod Bunten welcomed guests to the reception. The Governor gave a speech acknowledging the important role that Probus clubs play in maintaining social connections in retirement.

The Probus Director for South Australia and Vice Chairman of Probus South Pacific Limited (PSPL) Jenni Law gave a speech in return. Jenni highlighted that*" the reason for Probus success is simple, it meets a universal human need for connection, purpose and companionship in every stage of life. Retirement does not diminish our capacity to contribute, learn or to grow. If anything it expands it. Probus recognises that wisdom, experience and enthusiasm don't fade with age, they can flourish*".
Jenni acknowledged the countless volunteers who have given their time and energy to sustain Probus clubs noting that the three oldest clubs in South Australia: Blackwood, Glen Osmond and Burnside Men, and the newest club being Sheidow Park, were represented at the event.
Jenni then presented the governor with a present of a bottle of champagne in a hand-made wooden case.



Outings:

**** If you want to attend any of the events then you will need to add your name on the appropriate sheet at the back of the room at the General Meeting. ****

29 July - Consensus Quiz Morning - as part of Probus 50th birthday. Venue: Club Marion, 262 Sturt Road at 10:00 a.m. for a 10:30 a.m. start, concluding around 1:00 p.m. Cost: $5.00. Optional lunch afterwards at your own expense.

25 August - Belair Railway Station - history of the line. 10.00 a.m. for tea, biscuits and talk. More details to come.

23 September - Martindale Hall (stairs to climb as there is no lift). Morning tea at Roseworthy and lunch at the Riverton Hotel. Cost: $120 includes lunch Bus leaves at 8:30 a.m. Payment required by end of August.

1 October - 50th Birthday Picnic.

18 - 23 October - Tour to Magical Macedon and the Coast with Holiday Wonders. Cost: $2,950.00 per person with single supplement $590.00. Accommodation is 5 nights in Geelong. Please contact Holiday Wonders if you are planning on joining us on this tour - (08) 8373 1282 or 212 Belair Road, Hawthorn. Also advise Margaret Mudge once you have paid your deposit.

November - Mortlock Library and the Migration Museum. More details to come - when the big Christmas tree is setup.

December - Kenton Valley Cherries. More details to come.

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